



# THE HEART OF A DISCIPLE

*30 Days of Prayer*

1	Jn 17:3; 2 Pt 1:3-4; Eph 3:14-21	<i>Meditate on what you were made for, and the intimacy God desires with you.</i>
2	2 Cor 3:15-18; Jn 14:15-23	<i>Meditate on how God provides us with both grace and growth when we are with Him.</i>
3	Rom 8:14-17; 1 Jn 3:1-3; Mt 3:13-17	<i>Meditate on your identity as a child of God.</i>
4	Jn 20:22-23; Psalm 51	<i>Meditate on your frequent need for God to re-establish you in his grace through Reconciliation.</i>
5	Ez 36:25-27; Jn 3:1-6; Mt 5:43-48	<i>Meditate on the elevated life we are called to through what we have received in Baptism.</i>
6	Jn 6:25-71	<i>Meditate on the covenantal relationship for which Jesus gives himself to us in the Eucharist.</i>
7	Lk 22:14-20; Rev 19:4-9	<i>Meditate on the immense gift offered for and to you in the Holy Sacrifice of the Mass.</i>
8	Mt 6:5-15, 25-34; Phil 4:4-7	<i>Meditate on the relationship God desires with you through prayer.</i>
9	Mk 1:35-38; Mt 11:25-30	<i>Meditate on the primacy of prayer over mission.</i>
10	Jn 17:1-26; Jn 14:6	<i>Meditate on what Jesus reveals in his prayer for the Church.</i>
11	Jn 8:31-38; Mt 16:13-19; 1 Tim 3:14-16	<i>Meditate on the Truth which comes to you from Christ and His Church which He gives for your benefit.</i>
12	Rom 12:1-2; Phil 4:8-9; Psalm 1	<i>Meditate on how God desires to transform you.</i>
13	Mt 7:24-29; Psalm 8	<i>Meditate on the choice to build your life on the sure foundation of Christ and the Church.</i>
14	Jn 13:1-36; Jn 14:1-6	<i>Meditate on what Jesus demonstrates as he enters into the Last Supper with His disciples.</i>
15	Jn 15:1-17	<i>Meditate on life in and with Christ, and the fruitfulness and joy that comes from it.</i>

<b>16</b>	Lk 4:16-21; Jn 3:16-21; Rom 5:6-11	<i>Meditate on the need for the Gospel that you see in your own life and the world.</i>
<b>17</b>	Mt 28:19; Rom 1:16-17; Jn 10:7-18	<i>Meditate on the mission Jesus has willed to share with you.</i>
<b>18</b>	Mt 10:1-42	<i>Meditate on being sent on mission by Jesus and the cost of discipleship.</i>
<b>19</b>	Mt 25:31-46; Lk 16:19-31	<i>Meditate on eternity, and the need to minister to the spiritually and physically poor.</i>
<b>20</b>	1 Thes 2:1-12; 1 Jn 1:1-4; Mt 9:37-38	<i>Meditate on sharing all the goodness you have received from God with others.</i>
<b>21</b>	Jn 1:34-42; 1 Cor 9:19-23	<i>Meditate on bringing or winning souls to Jesus.</i>
<b>22</b>	Acts 2:42-47; Acts 4:32-35; Col 3:12-17	<i>Meditate on the life a Christian community lives together.</i>
<b>23</b>	Lk 24:13-35; 2 Tim 3:16-17	<i>Meditate on the power of Scripture study, and its role in raising disciples.</i>
<b>24</b>	Lk 9:23-26; Mk 10:17-31	<i>Meditate on the Cross and the things that keep you from fully following Christ.</i>
<b>25</b>	Eph 5:1-20; 1 Cor 11:1; Phil 2:1-11	<i>Meditate on the imitation of Christ we cultivate through sacrificial love in discipleship.</i>
<b>26</b>	1 Cor 11:20-32; 1 Jn 5:16-17; 1 Pt 5:6-11	<i>Meditate on the life of sanctifying grace which we preserve and increase through the sacraments.</i>
<b>27</b>	Acts 3:1-26; Acts 4:1-31	<i>Meditate on the boldness, zeal, unity, and courage you see in how the disciples live mission together.</i>
<b>28</b>	Jn 4:25-42; Acts 26:1-29	<i>Meditate on the power of testimony, and the many who do not know Christ but could come to through your witness.</i>
<b>29</b>	Mk 9:1-8; 2 Pt 1:12-18	<i>Meditate on the unforgettable formative experiences Peter had with Jesus and the power of memories and shared experiences in discipleship.</i>
<b>30</b>	Jn 17:18; Jn 13:20; 2 Tim 2:1-10	<i>Meditate on sending others who will be able to continue to raise up faithful and fruitful disciples.</i>