

Vision

These plans are designed to guide you in **Spiritual Multiplication**, that is, equipping you to imitate Jesus, who invested deeply in a few and taught them to do the same, imparting a faithfulness and fruitfulness capable of reaching this generation with the Gospel. These plans aim to help the discipler and disciple determine the next best step toward **Spiritual Multiplication**.

Please note, these plans present an ideal timeline. They should be used intentionally and with prudence, recognizing that the ideal is not always possible. These plans should be owned by the discipler to aid in their intentional preparation for discipleship, but these plans can and should be shown to the disciple also. The plans should be discussed by both discipler and disciple and tailored to the needs of each individual.

Growing Discipleship Plan

This plan is designed to form disciples in the habits of the Christian life (see Acts 2:42) and to prepare them for Christ's mission.

This plan should begin immediately after someone accepts the Gospel, in the first week of the Growing Discipleship stage. As a reminder, you should share the Gospel, ideally within 1-2 weeks of a Bible Study participant attending study four times.

This plan is time bound, having a clear beginning and end. Ideally, it should be completed in 12 weeks. Please consult your discipler if the plan is advancing significantly faster or slower than this pace. At the end of the plan, the disciple should either transition to Commissioned Discipleship or another appropriate form of ongoing accompaniment, depending on the disciple's needs.

Commissioned Discipleship Plan

This plan is designed to form disciples in living Christ's mission (see Mt 28:18-20). It is for those who are **FACT** and have accepted the **High Call** as well as the specific commitments of **Commissioned Discipleship**.

This plan should begin after the High Call is accepted AND the disciple is determined to be **FACT**. Before commissioning, please consult the **High Call resources** to appropriately discern when and how to commission a disciple.

This plan shows the first 14 sessions of Commissioned Discipleship, which should continue indefinitely, even after those sessions are completed. Additionally, the commissioned disciple may start a Bible study as early as is appropriate, though a Bible study should begin within 8 weeks.

Plan Details

Session:

Each session is numbered and should normally be completed in order. One session per week is recommended, though it is possible to do one session over multiple weeks or two sessions in a week. Please note that these sessions seek not only to hand on key concepts of discipleship but also to develop the corresponding habits of the Christian life.

Date:

A column for dates is included so that sessions can be planned appropriately.

Done:

This column allows progress to be tracked by checking off a session once it is completed.

Activity/Content:

This is the main content for the session to be completed in its entirety.

Bible Study Plan:

This section tracks the disciple's next steps in leading a Bible study of their own.

Discipleship is more than merely a transmission of content. It is also the art of apprenticeship in the Christian life:

"Be imitators of me, as I am of Christ." (1 Cor 11:1).

Therefore, discipleship should also include organic elements based on the **Three Habits of Missionary Disciples**. These elements are essential for discipleship, though the particulars can vary widely depending on the needs of the disciple. That said, these three elements should be a regular part of discipleship:

Habits of the Spiritual Life:

The discipler should accompany the disciple in building habits that increase Divine Intimacy (e.g. daily prayer, frequent Mass, regular Confession).

Shared Experiences:

The disciple and discipler should share life together in such a way that leads to Authentic Friendship (e.g. sharing a meal together, going to an event).

Opportunities for Mission:

The disciple should incrementally increase their participation in Christ's mission, leading to greater Clarity and Conviction about Spiritual Multiplication (e.g. incarnational evangelization, intercessory prayer).