

Examining Preparedness for Christian Leadership

Instructions:

Prayerfully reflect on these questions. Discuss your thoughts with your discipler. For reference, read the relevant section of Foundations for Discipleship on FACT (*5.0 A Vision for Missionary Discipleship, pp. 163-164*).

Faithful

Fidelity to Christ and His Church

- Do you believe all the teachings of the Catholic Faith and seek to live them out?
- Do you accept the authority of the Church, including the Pope, your bishop, and your pastor?

Moral Authority and the Big Three

- Do you live with moral authority, modeling the Christian life in thought, word, and deed?
- Are your actions a source of scandal, leading others into sin?
- Do you commit grave sin? If so, with what frequency?
- Do you live out personal chastity?
- Are you in an unchaste or unhealthy relationship?
- Do you abuse alcohol or get drunk?
- Do you use other drugs?
- Is your media use excessive? Or do you frequently consume inappropriate or immoral content?
- Do you live with excellence, giving your best to God and others in your daily responsibilities?
- Is there an area of your life that you refuse to surrender to God's plan?

Habits of the Christian Life

- Do you have a daily prayer life?
- Do you consistently go to Sunday Mass?
- Do you go to regular Confession?
- Do you spend time with other Christians who help you grow by iron sharpening iron (Prov 27:17)?
- Do you allow yourself to be led astray by certain friendships?

Available

- Are you willing to make time for Christ and His mission?
- Are you willing to commit to the FOCUS responsibilities required of leaders at your campus?
- Do you have any pursuits that steal significant time from God's plan for your life?
- Have you seriously discerned how God is asking you to spend your time?
- Do you waste significant time on problematic or even just unimportant things?
- Are you growing in your ability to manage your time well?

Contagious

- Do you radiate the joy of Christ through love, joy, peace, patience, kindness... (Gal 5:22-23)?
- Can you lead and inspire others?
- Do you have a group of people in your life that you could potentially start a Bible study with?
- Are you willing to step out of your comfort zone to share Christ and His Gospel?
- Do you have any bad habits that make you difficult to be around?
- Are you free to build strong, healthy relationships with others?

Teachable

- Are you willing to be taught and trained by another FOCUS leader?
- How have you learned or responded to being challenged throughout growing discipleship?
- Are you willing to be challenged and corrected?
- Do you work well with others?
- Are you obedient to legitimate authorities, including your local pastor?
- Are you humble? Or do you act like you "have it all figured out"?

Discuss with your discipler:

Based on this examination, how prepared are you for Christian leadership?

What are the biggest issues holding you back?

What will it take for you to become faithful, available, contagious and teachable (FACT)?

Are you willing to make the changes necessary to grow in your areas of weakness?



Developing Your FACT Plan

This resource is designed to help you make a plan for becoming FACT, so that you can become an effective Christian leader. Please work with your discipler to develop your plan.

Step 1: Clearly Identify Areas of Growth	Step 2: Set Your Goals	Step 3: Actions for Growth	Step 4: Accountability
<p>Write down the top 1-3 areas in which you need to grow.</p>	<p>How do you want to grow? Make sure your goals are SMART (Specific, Measurable, Attainable, Relevant, and Time-bound).</p>	<p>What actions will be required for you to achieve the goals above?</p> <p><i>These actions will vary significantly depending on your goals. Write down as many actions as are necessary to achieve the goals above.</i></p> <p>Here are some ideas to consider:</p> <p>What steps will truly lead to freedom in these areas of your life? Don't merely take half-measures.</p> <p>Who do you need to get involved? (E.g., spiritual director, counselor, Freedom Project, etc.)</p> <p>What can you do today to begin?</p>	<p>How will you ensure that this plan is completed? Write down the kind of accountability that will be necessary for you to remain committed to these goals.</p> <p>Here are some ideas to consider:</p> <p>Who do you give permission to hold you accountable to this plan?</p> <p>How frequently will you check-in?</p> <p>What will you do when tempted to deviate from your plan?</p>
<p>E.g., Media Use</p>	<p>I will reduce daily media use to fewer than 2 hrs. per day within 4 weeks.</p>	<p>Create a log of daily phone use, delete Instagram from my phone, commit to not using my phone after 10pm, etc.</p>	<p>I give Mary permission to hold me accountable. We will check in once each week. I will discuss my media log with her. I will also call Mary when I am tempted to scroll online late at night or when I am bored.</p>
<p>1.</p>			
<p>2.</p>			
<p>3.</p>			