

## Session 1 **Calming the Storm**Small Group Discussion Guide

<u>How to lead a transformative Bible study</u>

## **Discussion Questions**

- 1. The storm in this passage was a real storm, but it is also an image of the personal "storms" we face in life. How did the apostles respond during this storm? Do you respond in a similar way to the "storms" in your life? Why or why not?
- 2. Dr. Sri pointed out that by calming the storm Jesus wasn't simply performing a miracle, He was revealing himself as the Lord (see Psalm 107:23-32). Do you believe that Jesus is the Lord of your life also? That He has the power to calm the storms you face? Why or why not? What might make you doubt God's ability to calm the storms in your life?
- 3. Sometimes it can seem like God isn't present during the storms, like He is "asleep on the cushion." Like the apostles, we can think, "Teacher, do you not care if we perish?" How should we respond when God seems absent? Or when we are frustrated with God for not changing something in our lives?
- 4. Jesus says the storm, "Peace! Be still!" How can turning to Christ give us true peace, even when difficulties are still present in our lives? What does turning to Christ "at the center" really look like?

Challenge of the Week

Read Matthew 14: 22-33 every day this week and thank God for the gift of His Word.