

AN ILLUSTRATED GUIDE TO

PRINTING YOUR BOOKLET

BY JONATHAN TEIXEIRA

1 DETERMINE YOUR PRINTER'S MARGINS

If you don't know your printer's margins, print page 2 at 100% scale and measure the margins. Make note of the largest margin.

2 PRINT THE CORRESPONDING PAGE

If you can print borderless 8x11, print page 3 at 100% scale.

If your largest margin is 1/4 inch or less, print page 4 at 100% scale.

If your largest margin is greater than 1/4 inch, print page 5 at 100% scale.

3 FOLD IT UP

1. Lay the paper on the table blank side is up, and green and red is at top.

2. 2a. Fold in half so you have a skinny wide rectangle. 2b. Unfold.

3a. Fold and 3b. unfold in the other direction.

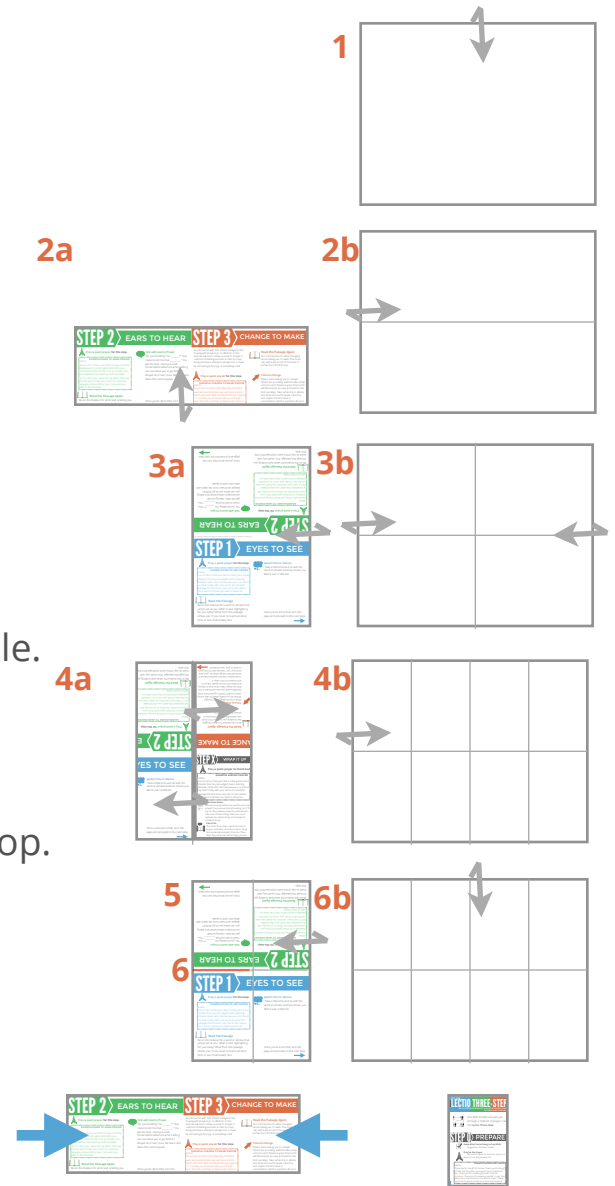
4a. Fold the edges in to the middle. 4b. Unfold.

4 CUT IT UP & MAKE IT A BOOKLET

5. Fold like you did in step 3.

6. Cut along the dotted line. (From the fold, halfway across the paper.) 6b. Unfold.

7. Fold the other way (like step 2) and, holding the book at the edges, push the booklet together.



NEED MORE HELP? Watch an instructional video at: bit.ly/bookletvideo

BORDERLESS - PAGE 3
1/4 INCH - PAGE 4
1/2 INCH - PAGE 5

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STEP X

WRAP IT UP



Pray a quick prayer to thank God.

EXAMPLE ENDING PRAYER

Father,
Thank you for revealing yourself to me in prayer today. Thank you for touching my heart, speaking to me, and showing me how to change my life. May any and all seeds you have sown in my heart today, by your grace, grow to maturity and bear fruit for you that will last. I ask all these things in Jesus' name and by his blood. Amen.



Make Some Notes

How was praying today? How was the place you prayed? Your posture (sitting, kneeling, etc.)? That cup of coffee before prayer? Any distractions? Take note of these things. Next time, try to replicate the helpful things and change the unhelpful things.

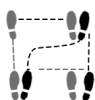


Pass it On

The Lectio Three-Step is great because it's easy to remember and easy to teach. So go find somebody and teach them the Three-Step! They (and God) will be happy you did.

DO THE LECTIO THREE-STEP

AN ILLUSTRATED BOOKLET FOR YOUR PRAYER TIME
BY JONATHAN TEIXEIRA



This little booklet will walk you through a method of prayer I call the Lectio Three-Step.

STEP 0 PREPARE



Know What You're Going to Pray With:
Suggestion: The Day's Gospel



Pray for the Prayer
Ask God for grace to hear him, open your heart to him, stay focused, etc.

EXAMPLE PREPARATORY PRAYER

Father,
Thank you for the gift of this day. Thank you for the gift of faith and the grace you've given me to respond to you. Thank you for revealing yourself in Sacred Scripture. Thank you for revealing yourself in your Son. Help me to stay focused in this time of prayer. Please grant me the grace to hear your voice and respond.

STEP 3 CHANGE TO MAKE



Read the Passage Again

Be on the lookout for what change(s) God is asking you to make. This could very well build on top of the word of phrase from the first two steps.

Time to Change

What is God inviting you to change? Where are you being asked to take a step closer to Him? There's a good chance this will follow what you saw and heard in the first two steps. Take some time in silence, and allow the Lord to speak. Take it in, and respond to him. Have a conversation. Ask him questions about it- what will this change mean for you? Give God your "yes," and ask him for the grace to stick to your new resolution.

EXAMPLE CHANGE TO MAKE PRAYER

Father,
You've told us that in the beginning, the Word was God, and the Word was with God, and the Word was made flesh and dwelt among us (John 1:1,14). May my encounter with you through your Word be as strong as if Jesus were here in the room speaking with me face to face. Grant me the grace to know how to change my life and the strength to do it.



Pray a quick prayer for this step.

Any encounter with God should change our life. Praying with Scripture is no different. In this step, we ask God to show us what to change. It could be something we need to start (or stop) doing, perhaps a change in perspective. It could be something pretty big, or something small.

STEP 2 EARS TO HEAR

STEP 1 EYES TO SEE



Pray a quick prayer for this step.

EXAMPLE EYES TO SEE PRAYER

Father,
You've told us that your Word is living and active, sharper than any two-edged sword, piercing between joints and marrow (Hebrews 4:12). Pierce my heart today with your word. As I read this passage the first time, may I be on the lookout for a word or phrase you wish to show me.



Read the Passage

Be on the lookout for a word or phrase that jumps out at you. What is God highlighting for you today? What from this passage strikes you? If you need to read it another time or two, that's totally fine.



Spend Time in Silence

Take a little time and sit with the word or phrase God has shown you. Mull it over a little bit.



Once you've done that, turn the page and proceed to the next step.



Pray a quick prayer for this step.

EXAMPLE EARS TO HEAR PRAYER

Father,
You've told us that your Word is living and active (Hebrews 4:12), that it goes forth from your mouth and does not return to you empty, but accomplishes that which you intend (Isaiah 55:11). Send your word into my heart now. Give me the ears to hear your voice. As I read this passage a second time, may I hear what you wish to tell me today.



Read the Passage Again

Be on the lookout for what God is telling you through the passage. This could very well build on top of the word or phrase from the first step.

"So, you're telling me _____?" "You mean to tell me that _____." "You get the idea. Having a small conversation about what he's telling you can allow you to go further/ deeper and hear more. Be silent and allow the Lord to speak.



Talk with God in Prayer

Once you've done that, turn the page and proceed to the next step.



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This illustrated booklet was created by Jonathan Teixeira for the FOCUS blog. Follow Jonathan on twitter @jonteixeira, and read the blog at focus.org/blog.

This little booklet will walk you through a method of prayer I call the Lectio Three-Step.

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