AN ILLUSTRATED GUIDE TO

PRINTING YOUR BOOKLET

BY JONATHAN TEIXEIRA

DETERMINE YOUR PRINTER'S MARGINS

If you don't know your printer's margins, print page 2 at 100% scale and measure the margins. Make note of the largest margin.

PRINT THE CORRESPONDING PAGE

If you can print boarderless 8x11, print page 3 at 100% scale.

If your largest margin is 1/4 inch or less, print page 4 at 100% scale.

If your largest margin is greater than 1/4 inch, print page 5 at 100% scale.

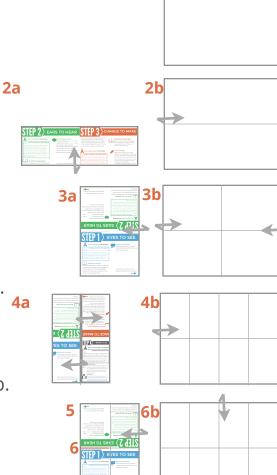
ງ FOLD IT UP

- 1. Lay the paper on the table blank side is up, and green and red is at top.
- 2. 2a. Fold in half so you have a skinny wide rectangle. 2b. Unfold.
- 3a. Fold and 3b. unfold in the other direction.
- 4a. Fold the edges in to the middle. 4b. Unfold.

CUT IT UP & MAKE IT A BOOKLET

5. Fold like you did in step 3.

- 6. Cut along the dotted line. (From the fold, halfway across the paper.) 6b. Unfold.
- 7. Fold the other way (like step 2) and, holding the book at the edges, push the booklet together.







NEED MORE HELP? Watch an instructional video at: bit.ly/bookletvideo

Print this page at 100% scale to help you determine your printer's margins.

BORDERLESS - PAGE 1/4 INCH - PAGE 5

1\5 INCH - bVCE 2 1\text{t INCH - bVCE t BOKDEKFESS - bVCE 3

to stick to your new resolution. God your "yes," and ask him for the grace what will this change mean for you? Give conversation. Ask him questions about itand respond to him. Have a and allow the Lord to speak. Take it in, first two steps. Take some time in silence, will follow what you saw and heard in the closer to Him? There's a good chance this Where are you being asked to take a step What is God inviting you to change?

Time to Change

You've told us that in the beginning, the Word

EXAMPLE CHANGE TO MAKE PRAYER

me the grace to know how to change my life and

the room speaking with me face to face. Grant

your Word be as strong as it Jesus were here in

. Word was made flesh and dwelt among us (John

was God, and the Word was with God, and the

1:1,14). May my encounter with you through

Pray a quick prayer for this step.



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build on top of the word of phrase from the through the passage. This could very well Be on the lookout for what God is telling you

Read the Passage Again

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EXAMPLE EARS TO HEAR PRAYER



Pray a quick prayer for this step.



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CHANCE TO MAKE

WRAP IT UP

Pray a quick prayer to thank God.

today, by your grace, grow to maturity and bear

fruit for you that will last. I ask all these things in

¿Jesus' name and by his blood. Amen.

unhelpful things.

EXAMPLE ENDING PRAYER



This little booklet will walk you through a method of prayer I call the Lectio Three-Step.

Thank you for revealing yourself to me in prayer today. Thank you for touching my heart, speaking to me, and showing me how to change my life. May any and all seeds you have sown in my heart



Know What You're Going to Pray With:

Suggestion: The Day's Gospel



Pray for the Prayer

Ask God for grace to hear him, open your eart to him, stay focused, etc.

EXAMPLE PREPARATORY PRAYER

Thank you for the gift of this day. Thank you for the gift: of faith and the grace you've given me to respond to you. Thank you for revealing yourself in Sacred Scripture. Thank you for revealing yourself in your Son. Help me to stay focused in this time of prayer. Please grant me the grace to hear your voice and respond.

Pray a quick prayer for this step.

EXAMPLE EYES TO SEE PRAYER

Father,

You've told us that your Word is living and active, sharper than any two-edged sword, piercing between joints and marrow (Hebrews 4:12). Pierce my heart today with your word. As I read this passage the first time, may I be on the lookout for a word or phrase you wish to show me.



Read the Passage

Be on the lookout for a word or phrase that jumps out at you. What is God highlighting for you today? What from this passage strikes you? If you need to read it another time or two, that's totally fine.



Spend Time in Silence

EYES TO SEE

Take a little time and sit with the word or phrase God has shown you. Mull it over a little bit.

Once you've done that, turn the page and proceed to the next step.





The Lectio Three-Step is great because it's easy to remember and easy to teach. So go find somebody and teach them the Three-Step! They (and God) will be happy you did.

How was praying today? How was the place you

cup of coffee before prayer? Any distractions?

Take note of these things. Next time, try to

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prayed? Your posture (sitting, kneeling, etc.)? That

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